



How to Create A Story Inventory

This makes it **EASY!**



Emotional Idea Joggers

- Emotions
- Events
- Experiences
- Family
- People

The best stories come from extremes!



Inventory Contents

- Title
- 1-3 Bullets

It only needs to make sense to YOU!



Method

- Timeline/Mind Map
- Notecards
- Post-It Notes
- Digital Database

Gold Standard!



Emotional Story Inventory Idea Wizard

Let the magic of this wizard pull story ideas from the deepest, dustiest corners of your mind!



My Story Inventory



[Watch the episode here](#)